

# VALIDATE!

## FACILITATORS GUIDE

Meeting # 9: *Chapter 8 – Boundaries*

### **AGENDA: (Suggested times)**

10 min. *Arrive early.*

10 min. *Engage each participant as they arrive.*

5 min. *Settle into group, PRAY*

### **MOST IMPORTANT ISSUE TONIGHT:**

It seems that everyone these days suffers from symptoms of boundary issues. There are a lot of people who struggle with control – either feeling controlled or feeling the need to have everything and everyone under control. Many complain that they cannot seem to say no to the things that are not good for them, and just as many who push their agenda on others without flinching. Understanding why we cant say no is a very important outcome from this evening.

At times we all can be boundaryless people and at times we can also be boundary busters. What makes the difference? Are we hopeless to change?

Be prepared to discuss how a couple applies this principle to their marriage. Servant hood for the man and submission for the woman need to be clarified in light of this subject. Does the man always have the final word on decisions? Can she say NO to him and still submit to his leadership? Spend some time thinking about the implications of the topic.

20 min. *Conversation Starter* – Use one of the following video’s

**Watch: Henry Cloud – The concept of Boundaries – Skin is our most basic boundary.**

<http://www.cloudtownsend.com/video-advice/channel/Relationships/CCNT2048/>

**Watch: Henry Cloud – Handle Irresponsibility**

<http://www.cloudtownsend.com/video-advice/channel/Relationships/CCNT2053/>

### **Discuss overall content:**

- What impacted you the most from Steps 1-4 (W-I-S-D)?
  - Scripture – Pick one passage that personally spoke to you and emphasis it each week. Relate it to life and the study.
  - Book Chapter 8?
  - Any insights from Step 4 (your response)?

55 min. *Group Study:* Discuss Step 5 (O).

Read the questions and encourage participation by everyone.

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10 min.      *Have the group complete Step 6 (M).*

5 min.      Take time to pray for the individuals and couples in your group.

20 min.      We are done, but please stick around for a few minutes if you can and get to know someone better.

Record any significant comments, questions, prayer requests, follow-up here:

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2.

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