

# VALIDATE!

## FACILITATORS GUIDE

Meeting # 3: *Chapter 2 - The Nature of Conflict*

### AGENDA: (Suggested times)

5:45 *Arrive early enough to greet folks as they arrive.*  
Arrange furniture for meeting. (Everyone should be able to see the others faces.)  
Find TV and video/DVD player. Cue up DVD or VHS for opening of meeting.

6:00 *Participants arrive* - introduce each person as they arrive to someone else.  
If this is a new group hand out name tags, and have people sign-in on a sheet.  
Encourage soft drinks, coffee, cookies or snacks.  
Kids off to childcare if necessary.  
Greet any new additions to group and introduce them to someone else in the group.

6:10 *Settle into group, PRAY*

***The Issue Of Confidentiality (Repeat this for the first few weeks for emphasis)***  
This is not a support group. This is a growth opportunity. However, my hope is that you will feel free to be open about the dynamics of your various relationships, particularly with your spouse and family. However, I want to strongly exhort each of us to not share anything personal you hear in these meetings outside of our times together.

### MOST IMPORTANT ISSUE TONIGHT:

The Soul is the repository of all of life, the good and the bad. All of our responses to the issues of life are filtered first through our soul. A holy inspection of the recesses of our soul will help us uncover why it is we respond or react to many of the situations we face each day. To ignore the soul is to ignore our history, we do it to our own harm.

6:15 *Conversation Starter – Ask the questions:*

- What is a soul?
- Why does the author believe that we should study the soul?
- Why is woundedness important to consider?
- How do longings, desires, hopes, and dreams create difficulties and challenges in our relationships?

Watch: Video Clip from The Incredibles- Mr. Incredible gets pummeled as he tries to sneak into the control center of Syndrome's lair.

[https://www.youtube.com/watch?v=dK\\_OKGELcn0](https://www.youtube.com/watch?v=dK_OKGELcn0) (Start clip at the 2 minute mark)  
Ask: How are these “balls” like wounds that glom onto our souls?

See Also: This 4 min. clip is Dr Henry Cloud explaining how events in childhood can influence our future choices...

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<http://www.cloudtownsend.com/video-advice/channel/Relationships/CCNT2476/>

Ask: Can you think of any examples from your early life that are limiting you today?

6:35 *Outline of Tonight's Meeting:*

Discuss overall content:

- What impacted you the most from Steps 1-4 (W-I-S-D)?
  - Scripture – Pick one passage that personally spoke to you and emphasize it each week. Relate it to life and the study.
  - Book Chapter 2?
  - Any insights from Step 4 (your response)?

6:50 Group Study: Discuss Step 5 (O).

Read the questions and encourage participation by everyone.

At the end of your discussion watch the following video clip by Matt Chandler and briefly discuss:

<https://www.youtube.com/watch?v=fzffu-QjzXg> (About 2 minutes)

7:45 *Have group complete Step 6 (M).*

7:56 Take time to pray for the individuals and couples in your group.

8: 00 We are done, but please stick around for a few minutes if you can and get to know someone better.

Record any significant comments, questions, prayer requests, follow-up here:

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2.

3.

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